Article
Analysis of Heavy Metal Distribution in Regional Sediments Batang Ayumi River Flow

Fatma Suryani Harahap, Adi Syaputra
Department of Chemical Education, Universitas Muhammadiyah Tapanuli Selatan, Indonesia

Abstract. The presence of heavy metals in waters can be sourced from household activities, agricultural waste and industrial waste. Some heavy metals are toxic, such as Cu, Hg, and Pb, which can accumulate in aquatic sediments. Sediment contaminated with heavy metals will harm the organisms that live in it. This study aims to identify the concentration of Cu, Hg, and Pb heavy metals in the sediments of the Batang Ayumi River. This study used a descriptive exploratory method by conducting a survey first. Determination of the sampling location using purposive sampling method at four designated stations. This study used an Atomic Absorption Spectrophotometer. Data analysis was performed by comparing the test result data with quality stones issued by the IADC / CEDA. The test results showed the value of the metal concentration of Cu (<0.006 ppm), Hg (<0.0011 ppm) and Pb (<0.003 ppm). The concentration shows that the content of heavy metals Hg, Pb and Cu in the sediment is very low below the AAS detection limit, so the substances in the sediment are not too dangerous for the environment. The contribution of this research is expected to provide information about the quality of the Ayumi Batang River and can be used as a consideration in formulating policies in controlling pollution that occurs in the river.

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1. Introduction
Human activities along the River Basin (DAS) produce pollutants that are harmful to the environment that follows the river flow. The higher the activity of the population along the watershed the higher the possibility of large-scale pollutants. Batang Ayumi River which crosses
through Padangsidimpuan City which is the pride and memories of the city residents in the past, now the condition is not only narrowed by the mushrooming of the construction of buildings on the banks / banks of the river also the conditions have become increasingly shallow due to sedimentation due to piles of rubbish.

The results of previous studies in the Batang Ayumi River [1] mentioned an increase in the concentration of Cu metal at two stations around ± 0.05 mg / L. The presence of heavy metals in waters can be sourced from mining, household, agricultural waste and industrial wastes. Some heavy metals are toxic such as Cu, Hg, Cr, Pb and Ni can accumulate in aquatic sediments.

Heavy metals in the water column eventually fall to the bottom of the waters and eventually settle in the sediment. [2] explained that the presence of heavy metals is often associated with suspended particles in the water and sedimentary columns. When compared, the presence of heavy metals in sediments is more stable than in the water column. Sediments that are contaminated with heavy metals will endanger the organisms that live in them. Sediments are easily suspended because of the movement of the water mass which dissolves the metal they contain back into the water so that the sediment becomes a potential source of pollutants in a certain time scale.

Heavy metals in waters, directly or indirectly, endanger the life of organisms and human health. [3]. This relates to the properties of heavy metals that are difficult to degrade, so they are easy to accumulate in the environment of the breakdown and their presence is naturally difficult to decompose. Information about heavy metals in sediments in waters is needed. Ayumi Trunk is one of the waters that have little information related to heavy metals. Therefore it is necessary to carry out further research to what extent the distribution or distribution of heavy metals Cu and other toxic heavy metals such as Hg, Cr, Pb and Ni pollute the Batang Ayumi River. This study aims to identify the concentration of Cu, Hg and Pb heavy metals in sediments in the Batang Ayumi River. The novelty of this research is the recentness of accurate data information regarding the quality of the Batang Ayumi river in terms of the distribution of heavy metals.

2. Experimental Section
Time and Location of Research
This research was carried out for four months starting in January-April 2020. Sampling of this study was carried out at four sampling stations on the Batang Ayumi river that flows through Padangsidimpuan City. Testing of heavy metal content in sediments was carried out at the Medan Industrial Research and Standardization Testing Laboratory (BARISTAND).

Tools and Materials
The tools used in this study were a coolbox, oven, PE plastic, Atomic Absorption Spectrophotometer (AAS), a digestion device. The materials used in this research were river soil samples from four sampling stations, HNO₃(p), aquadest, metal standard solutions (Cu, Hg and Pb), H₂SO₄(p).

Sampling Method
This study uses a descriptive exploratory method by conducting a survey in advance. Determination of where to take samples using "Purposive Random Sampling". at the four stations specified. The four research stations can be seen in the following station descriptions:

a. Station 1
This station is in the village of Pintu Langit Jae, Padangsidimpuan Angkola Julu District. The village is still very beautiful and the population is not much and is a control station.

b. Station 2
This station is located in Padangsidimpuan Batunadua District. Batu Bola Village.

c. Station 3
This station is located in South Padangsidimpuan District. In this area various community activities are found, such as bathing, washing, and using latrines.

d. Station 4
This station is located in Sihitang Sub-District, Padangsidimpuan Tenggara District. In this area various community activities are found, such as bathing, washing, toilet and bypassing the flow of waste from hospitals and factories and is downstream of the Batang Ayumi river that passes through Padangsidimpuan City.

Sediment samples were taken at a depth of 10-15 cm and 30-50 cm from the surface of 100-200 g from each station, then put together into a composite sample. Furthermore sample preparation until sample testing is carried out at BARISTAND.

**Sediment Sample Preparation**
Sediment sample preparation was started by drying in an oven at 105°C for 3 hours. The dry sediment obtained is ground until smooth. The resulting sediment powder was weighed 1 gram and put into a beaker, then added HNO3 and H2SO4. Furthermore, 20 ml of HNO3 / HCL mixture was added and digested for 3 hours at 120°C. The results of this destruction are filtered and the filtrate is collected in a 50 ml volumetric flask and diluted with distilled water until the limit mark. The filtrate is then measured by AAS [4].

![Research flow chart](image)

**Data Analysis**
The concentrations of heavy metals Cu, Hg and Pb obtained from the research results will then be compared with the concentration of quality standards in sediments based on the Dutch quality standards issued by IADC / CEDA (1997). If the contaminant concentration in the sediment has a
value that is less than the target level value, then the substance present in the sediment is not too dangerous for the environment. If the contaminant concentration in the sediment is in the range of values between the limit level and the test level, it is categorized as lightly polluted. If the contaminant concentration in the sediment is in the range of values between the test level and the intervention level, it is categorized as moderately polluted. If the contaminant concentration is at a value greater than the hazard level quality standard, sediment removal must be carried out immediately.

3. Result and Discussion

Heavy Metal Content in River Sediments

Heavy metals are a term commonly used for groups of metals and metalloids with densities greater than 5 g / cm³, especially in elements such as Cd, Cr, Cu, Hg, Ni, Pb and Zn. Unlike ordinary metals, heavy metals usually have special effects on living things. Heavy metals can be toxic substances that will poison the bodies of living things, but some types of metal are still needed by living things, even in small amounts. The presence of heavy metals in waters can come from various sources, including mining, household, agricultural waste and industrial waste [5]. Heavy metals naturally have low concentrations in waters. High and low concentrations of heavy metals are caused by the amount of heavy metal waste input into the waters. The greater the waste that enters into a waters, the greater the concentration of heavy metals in the waters. Besides the season also affects the concentration, where in the rainy season heavy metal concentrations tend to be lower because it is diluted by rain water. Heavy metals that enter the waters will experience sedimentation, dilution and dispersion, then absorbed by organisms that live in the waters. Precipitation of heavy metals occurs due to the presence of carbonate, hydroxyl and chloride anions [6].

<table>
<thead>
<tr>
<th>Metal Concentration (mg/kg)</th>
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<tbody>
<tr>
<td>Copper (Cu)</td>
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<td>Station 1</td>
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<td>Station 3</td>
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<td>Station 4</td>
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Basically, mercury / mercury (Hg) is a metal element that is very important in technology in today's modern age. Physical and chemical form is very advantageous because it is the only metal that is liquid at room temperature (25 °C), the lowest freezing point (-39 °C), has a tendency to evaporate more, easily mixed with other metals into metals mixture (amalgam / alloy), can also flow electric current as a conductor both at high electric current and low electric current [7]. Mercury originates from volcanic activity, seepage of ground water that passes through areas containing mercury. Concentration increases after humans use mercury as industrial material [8]. In addition to natural influences, the presence of mercury in the environment can come from a variety of human activities that produce mercury waste such as gold mining waste, agriculture, metal mixing, catalysts in mining, dentistry, electrical equipment, medicines and laboratory uses which are then largely discarded to the surrounding environment [9]. Mercury (Hg) contained in waste (waste) in public waters is changed by the activity of microorganisms into a component of methyl-mercury (Me-Hg) which has toxic properties and strong binding capacity in addition to high solubility, especially in the body of aquatic animals. This results in the accumulation of mercury both through

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bioaccumulation and biomagnification processes, namely through the food chain in the body tissues of aquatic animals, so that mercury levels can reach dangerous levels for both aquatic animal life and human health that consume animal catches these aquatic animals [10]. The results of measuring Hg levels in the sediments of the Batang Ayumi river show that the content of heavy metal Hg in the sediments is still very low, the data shows that the detection of Hg metal concentrations is still below the AAS detection limit.

Leads containing lead (gasoline) make a significant contribution to the presence of lead in water. Lead content and toxicity in water are influenced by hardness, pH, alkalinity, and oxygen level [11]. In animals and humans lead can enter the body through food and drink consumed as well as through breathing and penetration of the skin. In the human body, lead can inhibit the activity of enzymes involved in the formation of hemoglobin which can cause anemia. Symptoms resulting from lead metal poisoning are lack of appetite, convulsions, lethargy and weakness, vomiting and dizziness. Lead can also attack the nervous system, digestive tract and depression [12].

<table>
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<th>Table 2. Quality standards of heavy metals in sediments</th>
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<tr>
<td>Meavy metal</td>
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<td>-------------</td>
</tr>
<tr>
<td>Metal</td>
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<tr>
<td>Mercury</td>
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<tr>
<td>Lead</td>
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<tr>
<td>Copper</td>
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</tbody>
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Source : IADC/CEDA (1997)

Information:

a. Target level. If the concentration of contaminants in the sediment has a value that is smaller than the target level value, then the substance in the sediment is not too dangerous for the environment.

b. Limit level. If the concentration of contaminants in the sediment has a maximum value that can be tolerated for human health or the ecosystem.

c. Test level. If the concentration of contaminants in the sediment is in the range of values between the limit level and the test level, then it is categorized as mild contaminated.

d. Intervention level. If the concentration of contaminants in the sediment is in the range of values between the test level and the intervention level, then it is categorized as moderately polluted.

e. Danger level. If the concentration of contaminants is at a value greater than the quality standard, the hazard level must be cleaned up immediately.

The results of research on mercury, copper and lead content in sediments compared to natural levels that exist are still below the specified lower threshold that is below 10,000 ppm (RNO, 1981) and below 5,000 ppm EPA (1990). Mercury measurement results obtained by <0,0011 ppm when compared with the quality standards of the IADC / CEDA (1997) are still far below the limit level (<530,0000 ppm), even far below the target level of <85,0000 ppm. Although the results of copper measurements in the Ayumi stem river water have exceeded the threshold in accordance with government regulations, according to PP No.82 of 2001 but the results of copper measurements in sediment that is equal to (<0,006) are still far below the target level (<35,0000 ppm) . The results of the measurement of lead metal which is equal to (<0,003 ppm) are also far from the target level (85,0000 ppm). In general the content of heavy metals (Hg, Pb and Cu) in sediments in the Batang
Ayumi river can still be tolerated for human health and ecosystems. The condition of the river is still healthy and has not experienced heavy pollution. But if the community continues to dump garbage into the river, then the use of high synthetic pesticides near the waters will eventually accumulate even more heavy metals.

4. Conclusion

The results of research on the content of mercury, copper and lead in the sediments of the Batang Ayumi river were still far below the target level according to the quality standard stipulations of the IADC / CEDA (1997), the results of measuring the concentration of Hg metal were <0.0011 ppm while the large concentration indicated sediment polluted, namely <3,000 ppm, the result of measuring the concentration of Cu metal is <0.006 ppm while the concentration that states the sediment is polluted is <35,000 ppm, the measurement results of the concentration of Pb metal is <0.003 ppm while the concentration that states the sediment is polluted is <85,000 ppm. Therefore, the results of heavy metal concentration measurements show that the heavy metals (Hg, Pb and Cu) in the sediments in the Batang Ayumi river are not too dangerous for the environment and can still be tolerated for human health and the ecosystem.

Acknowledgement

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